
OFFICIAL ATHLETE GUIDE · 2026

Harvest Moon

Triathlon

Long Course Triathlon, Aquabike & Duathlon
Olympic Triathlon & Relays

NEW for 2026 · Sprint Triathlon

Sunday, May 31, 2026

Boulder Reservoir · 5565 N 51st St, Boulder, CO 80301

01 / WELCOME

Welcome to the Reservoir

We can't wait to get racing at the Boulder Reservoir. Temperatures are expected to reach 72°F during the race, with a water temperature of 66°F as of May 24. This guide has everything you need to show up prepared — read it through before race morning.

NEW for 2026 — Sprint Triathlon. A 0.47 mi swim, 17.3 mi bike and 3.1 mi run. An awesome way to kick off the season alongside our Olympic, Long Course, Aquabike and Duathlon athletes.

USAT reminder: It is your responsibility to know the course before beginning your race. Maps are at bbscendurance.com/harvest-moon and will be posted at packet pick up.

02 / PACKET PICKUP

Three Pickup Windows

When	Where	Address
Fri · May 29 4:00 – 6:00 PM	Arvada Triathlon Company	14715 W 64th Ave Arvada, CO 80004
Sat · May 30 3:00 – 7:00 PM	Road Runner Sports	10442 Town Center Dr, Suite 300 Westminster, CO 80021
Sun · May 31 5:30 – 8:00 AM	Race Morning (\$10 fee)	Boulder Reservoir Parking Lot

Your packet is at every location — show up to whichever works for you, unless you selected race-day pickup. If you didn't choose race-day pickup at registration, bring \$10 cash race morning.

03 / SCHEDULE

Race Day · Sunday, May 31

5:30 AM	Gate opens to Boulder Reservoir
6:00 AM	Body marking & packet pickup
7:15 AM	Long Course race waves begin
7:20 AM	All bikes must be in transition
7:30 AM	Olympic distance waves begin · Duathlon start
7:35 AM	Sprint Triathlon waves begin (NEW for 2026)
9:30 AM	Post-race food serving begins
9:45 AM	Swim cut-off (1h 45m after last wave)
10:30 AM	Olympic & Sprint awards (approx.)
1:30 PM	Aquabike awards (approx.)
1:45 PM	Mandatory bike cut-off
2:45 PM	Long Course Tri & Du awards (approx.)
3:35 PM	Race cut-off — finish line is the last to come down

04 / COURSES

The Courses

SWIM

Wave starts (not a rolling start) — athletes go off together by assigned wave. Listen for your wave call and line up on the beach in advance. Boulder Reservoir provides safety boats, jet skis, kayaks, volunteers, certified lifeguards and directional buoys. You may rest on a kayak as long as it doesn't help you forward. In an emergency, wave your swim cap and a boat will come to you. Request a brightly colored cap from the Race Director at packet pickup if you'd like extra eyes from our water safety team.

BIKE

A scenic rural course with rolling terrain and flat sections to settle into your aerobars. Wide shoulders and limited traffic make for great passing. Long Course rides 2 laps (LC continues straight on Jay Rd to start lap 2 instead of returning to the reservoir). Olympic rides 1 lap. Sprint rides 1 short lap — turning off Highway 36 at Neva for the shorter loop back to transition.

RUN

An out-and-back on packed dirt path and asphalt. Long Course = 3 laps, Olympic = 2 shorter laps, Sprint = 1 lap. First half is rolling with slight elevation; a great course for a long-course PR.

SPRINT TRIATHLON · NEW for 2026

0.47 mi swim · 17.3 mi bike · 3.1 mi run. Sprint waves start at 7:35 AM. The bike is a single short lap (turning off Highway 36 at Neva) and the run is a single lap. An awesome way to kick off the season.

DUATHLON

LC: 5K run · 56 mi bike · 13.1 mi run. Olympic: 5K · 29 mi · 5K. Start line is the SE corner of the parking lot at 7:30 AM.

AQUABIKE

LC: 1.2 mi swim · 56 mi bike (2 laps). Olympic: 0.9 mi swim · 29 mi bike (1 lap). Crossing the timing mat back into transition ends your race — stroll to the finish for your medal.

05 / ON THE GROUND

Transition, Aid & Support

Parking

Park entry fee waived until 7:15 AM. Later arrivals pay regular entry. Follow attendants to the north or south overflow lots.

Transition Access

Participants only. Family & friends stay behind the barricades.

Body Marking

Get marked by a volunteer at the entrance to transition on race morning.

Bike Racks

Assigned by bib number (distance & division). 2.5 ft of width per athlete.

Bike Aid

Gatorade and water. 1 station per lap on 63rd near Coot Lake. Roads are open — stay on the shoulder unless passing.

Run Aid

Gatorade, water, gels and gummies approximately every mile.

Bike Mechanical

Pre-race minor support from Arvada Tri on race morning. Come prepared for basic on-course fixes.

Drop Zones

Discard wrappers and bottles within marked aid-station boundaries. No littering.

Medical

Located at the finish line and on the bike course. Flag staff, volunteers, or another athlete — radios at every station.

Hydration

Start hydrating one week out; especially the 2–3 days before. Best way to avoid the medics.

06 / LOGISTICS

Timing, Food & Logistics

Timing Chips

Wear on either ankle the entire race. Don't swap. Return your chip if you drop out. No chip = no time. \$20 replacement fee for unreturned chips.

Live Results

Posted at the Timing Trailer and live at my.raceresult.com/groups/4530

Post-Race Food

Pizza and snacks at the food tent. Vegetarian option available.

Shirt Swap

Stop by the Timing Trailer after you race to swap sizes if extras are available.

Zero Waste

Sort leftovers at compost & recycle stations. No glass at Boulder Reservoir.

Lost & Found

Check or return items at the Timing Trailer. Held 2 weeks before donation. Email info@bbscendurance.com.

07 / RULES & AWARDS

Rules, Safety & Awards

Age Group

USAT calculates age as of December 31 of the race year. Race in this year's bracket.

Bib & Body Marking

Required and visible at all times to avoid USAT penalty.

Sanitation

Use only the portable units provided. Anything else is a USAT indecent exposure violation.

Bib Transfers

Bibs are non-transferable. Violations may disqualify you from awards and future events.

Inclement Weather

Race Director and Park Management may reschedule, modify or cancel for safety. No refunds for weather-affected events.

Full USAT Rules

usatriathlon.org/multisport/rules

AWARDS & PRIZES

Top 3 overall in every race. Age group and division awards in the Triathlons (including the new Sprint), Duathlon and Aquabike. Results post throughout the day at the Timing Trailer — finish times use the appropriate gun time, so start in your correct wave. Winners must be present to receive prizes. Anyone not present has 2 weeks to claim — email info@bbscendurance.com for shipping (charges may apply).